

Acknowledgments

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The scientific editor for the monograph was **Jerianne Heimendinger**, Sc.D., M.P.H., R.D., Research Scientist at the AMC Cancer Research Center in Denver, Colorado. While at NCI,

Dr. Heimendinger served as the first director of the 5 A Day for Better Health Program from 1991 to 1995.

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Janice M. Dodds, Ed.D., R.D.
Associate Professor
University of North Carolina
Chapel Hill, NC

Thomas J. Glynn, Ph.D.
Director
Cancer Science and Trends
American Cancer Society
Washington, DC

Marion Nestle, Ph.D., M.P.H.
Professor and Chair
Department of Nutrition and Food Studies
New York University
New York, NY

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Chapter Authors

Anniken Owren Aarum, Cand.Scient.
Advisor, National Council on Nutrition and
Physical Activity
National Council on Nutrition and
Physical Activity
Oslo, Norway

Jean Anliker, Ph.D., R.D.
Adjunct Associate Professor, Department of
Epidemiology and Preventive Medicine
University of Maryland School of Medicine
Baltimore, MD

Katarina Annerstedt-Heino, D.I.H.R.
Managing Director
Fruit and Vegetable Marketing Board
Stockholm, Sweden

Tom Baranowski, Ph.D.
Professor of Behavioral Health
Baylor College of Medicine
Houston, TX

Katrin Berendson
Project Manager
German Cancer Society e.V.
Frankfurt a.M., Germany

Shirley Beresford, Ph.D.
Professor of Epidemiology
University of Washington
Seattle, WA

Susan Berkowitz, Ph.D.
Senior Study Director
Westat
Rockville, MD

Donald B. Bishop, Ph.D.

Chief, Center for Health Promotion
Minnesota Department of Health
St. Paul, MN

David B. Buller, Ph.D.

Senior Scientist
AMC Cancer Research Center
Denver, CO

Marci K. Campbell, Ph.D., M.P.H., R.D.

Associate Professor, Department of Nutrition
University of North Carolina School of
Public Health
Chapel Hill, NC

Kathy Cobb, M.S., R.D., C.D./N.

Nutrition Consultant
Connecticut Department of Public Health
and Addiction Services
Hartford, CT

Arnette Cowan, M.S., R.D.

Supervisor, Special Nutrition Programs
North Carolina Department of Health and
Human Services
Raleigh, NC

Dorothy Damron, M.S.

Project Manager
University of Maryland School of Medicine
Baltimore, MD

Wendy Demark-Wahnefried, Ph.D., R.D.

Associate Professor, Division of Urology,
Department of Surgery
Duke University Medical Center
Durham, NC

Lorelei DiSogra, Ed.D., R.D.

Vice President, Nutrition and Health
Dole Food Company, Inc.
Oakland, CA

Paula Dudley

5+ A Day Campaign Manager
United Fresh Incorporated
Auckland, New Zealand

Melinda Fancher, M.A.

Senior Research Analyst
Porter Novelli
Washington, DC

Margaret Farrell, M.P.H., R.D.

Communications Specialist, Health Promotion
Research Branch
Division of Cancer Control and
Population Sciences
National Cancer Institute
Bethesda, MD

Robert Feldman, Ph.D.

Professor, Public and Community Health
University of Maryland
College Park, MD

Susan B. Foerster, M.P.H., R.D.

Chief, Cancer Prevention and Nutrition
California Department of Health Services
Sacramento, CA

Stephenie Fu

Vice President
Porter Novelli
Washington, DC

Laura Saunders Goodman, M.P.H., R.D.

Project Manager
MasiMax Resources, Inc.
Rockville, MD

Jennifer Gregson, M.A., M.P.H., C.H.E.S.

Research Scientist I, Cancer Prevention
and Nutrition
California Department of Health Services
Sacramento, CA

Rachel Harrington, M.H.A., R.D.

Director, South Carolina 5 A Day Program
South Carolina Department of Health and
Environmental Control
Columbia, SC

Stephen Havas, M.D., M.P.H., M.S.

Professor, Department of Epidemiology and
Preventive Medicine
University of Maryland School of Medicine
Baltimore, MD

Jerianne Heimendinger, Sc.D., M.P.H., R.D.

Research Scientist
AMC Cancer Research Center
Denver, CO

Mary K. Hunt, M.P.H., R.D., F.A.D.A.

Scientific Associate
Dana-Farber Cancer Institute
Boston, MA

Bethany Jackson, Ph.D., R.D.
Clinical Associate Professor, Department
of Nutrition
University of North Carolina
Chapel Hill, NC

Judy Johnston, M.S., R.D., L.D.
Extension Associate and Teaching Associate
Kansas State Research and Extension Office of
Community Health and University of Kansas
School of Medicine
Wichita, KS

Sarah Kuester, M.S., R.D.
Public Health Nutritionist
Centers for Disease Control and Prevention
Atlanta, GA

Patricia Lagenberg, Ph.D.
Professor and Vice Chair, Department of
Epidemiology and Preventive Medicine
University of Maryland School of Medicine
Baltimore, MD

Petra Lazarek
Project Assistant
German Cancer Society e.V.
Frankfurt a.M., Germany

Ron Lemaire
Director of Marketing, Convention, and
Membership Services
Canadian Produce Marketing Association
Ottawa, Canada

Max Learner, Ph.D.
Policy Advisor, Bureau of Maternal and
Child Health
South Carolina Department of Health and
Environmental Control
Columbia, SC

Daria Chapelsky Massimilla, M.P.H.
5 A Day State Program Manager, Health
Promotion Research Branch
Division of Cancer Control and
Population Sciences
National Cancer Institute
Bethesda, MD

Jacquelyn McClelland, Ph.D.
Professor and Extension Specialist, Nutrition
North Carolina State University
Raleigh, NC

Morten Strunge Meyer, cand. brom.
Project Manager, 6 A Day
Danish Cancer Society
Copenhagen, Denmark

Margaret R. Miller, Grad Dip Diet,
M.H.Sc., M.D.A.A.
Managing Director
Marg Miller Health Consulting
Perth, Western Australia, Australia

Brenda Motsinger, M.S., R.D., L.D.N.
Head, Health Promotion Branch
North Carolina Department of Environmental
Health and Natural Resources
Raleigh, NC

Adrienn Nagy, M.Sc.
Marketing Manager
Hungarian Fruit and Vegetable Board
Budapest, Hungary

Linda Nebeling, Ph.D., M.P.H., R.D., F.A.D.A.
Chief, Health Promotion Research Branch
Division of Cancer Control and
Population Sciences
National Cancer Institute
Bethesda, MD

Theresa Nicklas, Dr.P.H., L.D.N.
Professor of Pediatrics
Baylor College of Medicine
Houston, TX

Blossom Patterson, Ph.D.
Mathematical Statistician, Biometry
Research Group
Division of Cancer Prevention
National Cancer Institute
Bethesda, MD

Elizabeth Pivonka, Ph.D., R.D.
President
Produce for Better Health Foundation
Wilmington, DE

Leigh Reeve, B.Sc, Dip Nutr Diet, A.P.D.
Program Manager, Marketing
Dietitians Association of Australia
Canberra, ACT, Australia

Kim D. Reynolds, Ph.D.
Scientist
AMC Cancer Research Center
Denver, CO

Sharon Sass, R.D.

Community Education Nutrition Consultant
Arizona Department of Health Services
Phoenix, AZ

Marja Slagmoolen

Project Manager, Public Relations
and Information
Fruit and Vegetable Bureau
Zoetermeer, The Netherlands

Dan Snyder, B.I.D., M.I.D.

Executive Vice President
Porter Novelli
Washington, DC

Glorian Sorenson, Ph.D.

Director, Community-Based Research
Dana-Farber Cancer Institute
Boston, MA

Gloria Stables, Ph.D. (candidate), M.S., R.D.

Director, 5 A Day for Better Health Program
Division of Cancer Control and Population
Sciences
National Cancer Institute
Bethesda, MD

Mary Ann S. Van Duyn, Ph.D., M.P.H., R.D.

Expert, Health Promotion Branch, Outreach &
Partnerships Office of Communication
National Cancer Institute
Bethesda, MD

Individual Chapter Reviewers

Marianne Alciati, Ph.D.

President
Management Solutions for Health
Reston, VA

Garry W. Auld, Ph.D., R.D.

Associate Professor, Department of Food Science
and Human Nutrition
Colorado State University
Fort Collins, CO

Gladys Block, Ph.D.

Professor of Epidemiology and Director of
the Public Health Nutrition Program
University of California at Berkeley School
of Public Health
Berkeley, CA

Barbara Bowman, Ph.D.

Associate Director for Policy Studies
Centers for Disease Control and Prevention
Atlanta, GA

Yvonne Bronner, Sc.D., R.D., L.D.

The Johns Hopkins University
Baltimore, MD

Tim Byers, M.D., M.P.H.

Professor of Preventive Medicine
University of Colorado School of Medicine
Denver, CO

Kathy Cobb, M.S., R.D., C.D./N

Nutrition Consultant
Connecticut Department of Public Health
and Addiction Services
Hartford, CT

Isobel R. Contento, Ph.D.

Mary Swartz Rose Professor of Nutrition
and Education
Teachers College, Columbia University
New York, NY

Nancy Cotugna, Dr.P.H., R.D.

Professor, Nutrition and Dietetics
University of Delaware
Newark, DE

Lorelei DiSogra, Ed.D., R.D.

Vice President, Nutrition and Health
Dole Food Company, Inc.
Oakland, CA

Karen Emmons, Ph.D.

Associate Professor
Dana-Farber Cancer Institute
Boston, MA

Margaret Farrell, M.P.H., R.D.

Communications Specialist, Health Promotion
Research Branch
Division of Cancer Control and
Population Sciences
National Cancer Institute
Bethesda, MD

June Flora, Ph.D.

Stanford Center for Research in Disease
Prevention
Stanford University School of Medicine
Palo Alto, CA

Karen Glanz, Ph.D., M.P.H.

Professor
Cancer Research Center for Hawaii
Honolulu, HI

Thomas J. Glynn, Ph.D.

Director, Cancer Science and Trends
American Cancer Society
Washington, DC

Brian F. Krieg, M.I.M.

Vice President
Pac/West Communications
Portland, OR

Shiriki Kumanyika, Ph.D., M.P.H., R.D.

Professor of Epidemiology, Department of
Biostatistics and Epidemiology
Associate Dean for Health Promotion and
Disease Prevention
University of Pennsylvania School of Medicine
Philadelphia, PA

Laura Linnan, Sc.D., C.H.E.S.

Assistant Professor, Department of Health
Behavior and Health Education
University of North Carolina
Chapel Hill, NC

Alfred C. Marcus, Ph.D.

Chair, Center for Behavioral and
Community Studies
AMC Cancer Research Center
Denver, CO

Patricia McKinney, M.S., R.D.

Program Analyst, Food and Nutrition Service
Office of Analysis, Nutrition, and Evaluation
U.S. Department of Agriculture
Alexandria, VA

Morten Strunge Meyer, cand. brom.

Project Manager, 6 A Day
Danish Cancer Society
Copenhagen, Denmark

Bruce J. Obbink

President (ret.)
California Table Grape Commission
Fresno, CA

Ruth Palombo, M.S., R.D.

Director, Office of Elder Health
Massachusetts Department of Public Health
Boston, MA

Guy S. Parcel, Ph.D.

John P. McGovern Professor and Director, Center
for Health Promotion and Prevention Research
University of Texas Health Science Center
Houston, TX

David S. Parker

Director of Merchandising
California Tree Fruit Agreement
Reedley, CA

Karen Peterson, Sc.D., R.D.

Associate Professor of Nutrition, Department
of Maternal and Child Health
Harvard School of Public Health
Boston, MA

Sarah E. Samuels, Dr.P.H.

President
Samuels and Associates
Oakland, CA

Mike Stuart

Executive Vice President
Florida Fruit & Vegetable Association
Orlando, FL

Gretchen Taylor, M.P.H., R.D.

Nutrition Supervisor
Minnesota Department of Health
St. Paul, MN

Kim Witte, Ph.D., M.A.

Professor, Department of Communication
Michigan State University
Okemos, MI

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Tara Blank, Administrative Assistant and
Word Processing Specialist

April Carpenter, Word Processing Specialist

James R. Libbey, M.P.I.A., Copy Editor

Cathy McDermott, Managing Editor
(1999 to 2001)

Cathy Prah, Managing Editor (1998 to 1999)

Jo Lane Thomas, M.F.A., Copy Editor

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5 A Day for Better Health Program Monograph Development Process

The initial idea for this monograph grew out of discussions between the publication's co-editors, Gloria Stables and Jerianne Heimendinger (respectively the current and former directors of the 5 A Day for Better Health Program). These discussions were a response to an increasing number of international inquiries to NCI about how to proceed with implementing a similar program in their own countries.

The first formal planning meeting, which included the lead authors for each proposed chapter, was held in May 1998. From that point, initial chapter drafts were developed, and a rigorous review process was implemented. Each chapter, underwent an initial review by the scientific editor, peer reviews by two or three individuals, refereeing of peer-reviewers' comments by the scientific editor, and resolution by respective chapter authors of refereed peer reviewer queries. Then, chapters were again revised, and all were sent to each of the three full document reviewers, whose comments were then refereed by the scientific editor. Once again, respective chapter authors resolved the refereed queries, and a final draft of the chapter was prepared for approval and signed off on by the scientific editor.

The 5 A Day for Better Health Program monograph is the culmination of a long and dedicated effort. It is organized into 13 chapters and contains five appendices, as laid out in the Table of Contents that immediately follows.